

ADPTC Newsletter

VOLUME 3 / ISSUE 2

www.adptc.org

JUNE 2001

FROM THE HEART OF TEXAS



PRESIDENT'S COLUMN: HIGHLIGHTS FROM OUR MID-YEAR MEETING IN DALLAS/FT. WORTH

MEMBERSHIP SURVEY *We recognized that members have use for a good survey of clinic characteristics and practices, including the nature of director's positions. We reviewed several past surveys and set up a committee, headed by Rob Heffer. The committee will prepare a new survey that will utilize questions from the earlier surveys so we can see how things have changes since, say, 1987.*

PRACTICUM STANDARDS *I recently attended a workgroup on the practicum at a meeting of APA's Commission on Education and Training Leading to Licensure in Psychology. This workgroup recommended a Practicum Training conference to develop standards for practicum training, to find ways to enhance collaboration between practicum placements and doctoral programs, and to develop a consensus on the maximum number of practicum hours needed for internship. The ADPTC is the only organization that represents practicum training.*

We discussed whether it would be desirable or feasible to try to extend our organization to include a broader array of practicum sites, and decided that it would not be. But as the group most organized and focused on the practicum, we believe that the ADPTC can and should represent the highest level of thinking on the issue of standards from the point of view of practicum trainers. We realized that our usual focus as an organization is on the issues of running clinics, and with less intense focus on the nature of practicum training more generally. We believe that thinking about the practicum experience is an important part of our organization's function. We believe that further work on our standards and guidelines document could be useful in this process. We decided to use the listserv to discuss this issue further, with an initial message to come from me in the next month or so.

BUSINESS *We worked on the elections procedure, and Rob Heffer will head up solicitation of*

nominations and sending out of ballots. Let me again encourage you to consider joining in the organization leadership.

We made various modifications to our by laws to clarify procedures and definitions; we decided to propose an associate membership category for former clinic directors, faculty associate/assistant directors, and interested others at the discretion of the executive committee.

We re-established the program committee, which will plan for the summer pre-APA (Thursday before APA) meeting and for next year's mid-winter meeting.

WEB SITE *We had a demonstration of the ADPTC web site, which Lee Cooper, chair of the Resources committee, has been working on diligently. The web site should be up and running shortly. It will be a marvelous and key resource for our organization. Lee's efforts received extensive praise at the meeting.*

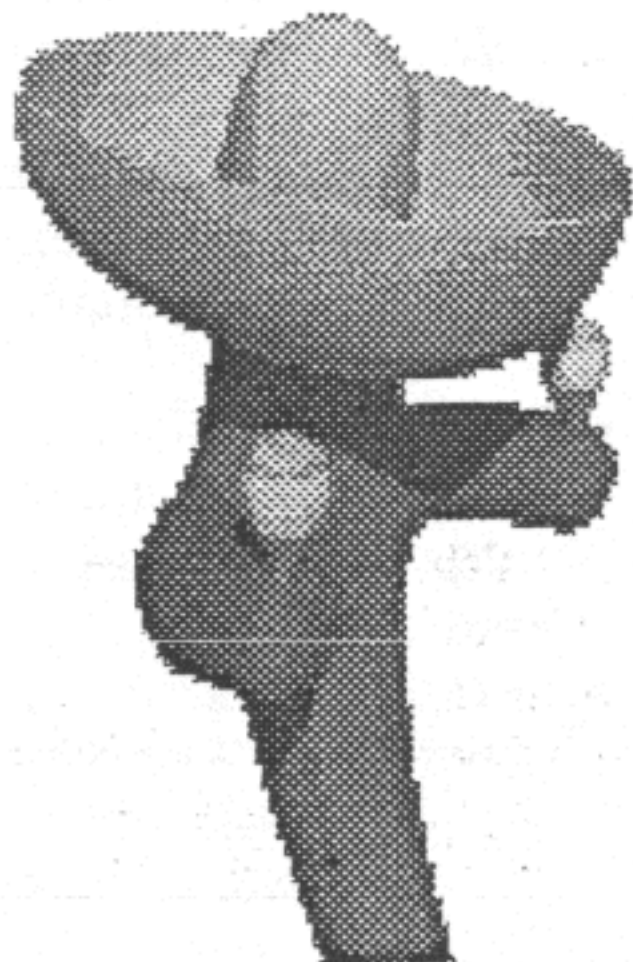
CUDCP REPORT *John Flora-Tostado reported on his attendance at the CUDCP meeting in January, where he represented the ADPTC. The focus was on Tom Borkovec's proposed research collaboration across university-based clinics. The idea is to track client change over time using a common measurement instrument, with many different clinics participating. We hope that Tom will be able to join us in August at APA to discuss this proposal further.*

TRAINEE IMPAIRMENT *On Saturday, March 17th we had an excellent presentation/discussion with Linda Forrest, who is author of the paper "Trainee Impairment: A Review of Identification, Remediation, Dismissal and Legal Issues" along with Nancy Elman, Sharon Gizara and Tammi Vacha-Haase, that appeared in The Counseling Psychologist, 27, 627-721, in 1999. This outstanding, informative and thought-provoking paper, along with several other papers commenting on it, is available via the*

internet at: <http://www.div17.org/tcp/> Look at the table of contents page for the September 1999 Volume, "Trainee Impairment."

Linda summarized the key issues from their survey of the literature, and reported some preliminary findings based on interviews with DCT's about their experiences with trainees in trouble. A fuller report will follow, but here are the key issues that have emerged so far (Linda and Nancy will be reporting on a lot of these findings in August at APA also). Students are very aware of their troubled peers. Can we find a way to help them communicate their awareness to faculty? Students are very aware of how faculty fail to meet and enforce professional standards. Overall, we were impressed by the huge role that systems problems play in consistent identification, review and remediation of failures and deficiencies of individual student's training -- faculty reluctance, the need to see problems as developmental (i.e., they'll grow out of it), difficulties in getting information. DCT's also cite training clinics as key resources in detecting student difficulties.

MODELS FOR SUPERVISION On Saturday afternoon, John Flora-Tostado presented an overview of literature and models for supervision, and we engaged in lively discussion of issues related to developing training plans for students (several members volunteered to post model evaluation/plans on the web site) and John discussed Elizabeth Holloway's recent book, *Clinical Supervision: A Systems Approach*, (Sage Publications) which he recommended as presenting a particularly thorough and clear transtheoretical model for supervision.



We were delighted to have several new directors in attendance, who, along with the rest of us, found our group to be a splendid resource for ideas about issues great and small involved in running clinics.



Best,

Bob

Robert L. Hatcher, Ph.D.
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WHAT WE'RE READING

While seeking to update Alan Schore's (1994) book (Affect Regulation & the Origin of the Self: The Neurobiology of Emotional Development) for a normal human development course I'm currently teaching, I came across 2 more recent texts that I find fascinating: Siegel, D. (1999). *The developing mind: Toward a neurobiology of interpersonal experience..* NY: Guilford Press, and Russell, R.J., Murphy, N. et al. (Eds) (1999). *Neuroscience & the Person: Scientific Perspectives on Divine Action..* Vatican Publications.
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The book I have been reading is: *Prescriptive Psychotherapy* by Beutler & Harwood, subtitled: *A practical guide to treatment selection*. I find it is especially relevant to our ADPTC group and perspective since the question of good training for clinicians (including the more difficult developmental and personality problems) is addressed.
Vic Pantesco, Antioch New England Graduate School
victor_pantesco@antiochne.edu

Share the wealth! If you've come across a good book you think ADPTC members might like to know about, please tell us! Send title, publisher and a one sentence description to:
Phyllis Terry Friedman, Ph.D., friedmpt@stu.edu

The Mental Health Center
Gallaudet University

Since we have so much we can learn from each other – and it's fun to see how other people are doing things, each issue of the ADPTC newsletter will include a profile of a clinic. (This means that by 2034 we should have covered all the clinics in the United States.) This issue features the Mental Health Center, the psychological training clinic at Gallaudet University. Barbara Bauer, Executive Director, talks about her clinic.

What would you say is unique about your clinic?

The Mental Health Center is a combination Psychology Training Clinic and University Counseling Center, the Mental Health Center serves deaf individuals, Gallaudet students as well as the deaf community of the Washington, DC metropolitan area. Training is also provided to graduate students (both deaf and non-deaf) from the Gallaudet Departments of Counseling, Psychology and Social Work as well as to trainees from elsewhere. In addition to generic mental health training, emphasis is on trainees' communicative fluency in sign language and knowledge about deaf communities and deaf culture.

Our missions of training, service, advocacy and research incorporate a philosophy of depathologizing deafness and destigmatizing psychological disorders and mental illness. Our orientation promotes wellness and the psychological integrity of all people. Through education and training, the Mental Health Center works to increase public awareness and sensitivity to the mental health needs of deaf and hard of hearing people. The Mental Health Center's primary focus is to serve the mental health needs of a wide range of clients across the lifespan, including

- Gallaudet University students, faculty and staff,
- Deaf and hard of hearing people and their families from the Washington, DC area,
- Deaf and hard of hearing individuals from other parts of the United States,
- Hearing clients as appropriate, and
- Deaf and hard of hearing persons involved in the court system.

I've been the Executive Director now for 7 years. I am tenured and full time. We provide services for about 350 clients a year. Of the 10 clinicians on my staff, I am the only one with a faculty appointment. Attempts are being made to have them granted clinical professorships.

The Mental Health Center generates about \$22,000 a year from client fees. At the present we do not have contracts or grants. In previous years we've received grants from private foundations such as Meyer, Cafritz, Freed, Ittles for getting our mental health center started up, for our HIV/AIDS project, for our play therapy room equipment, for indigent clients, and for salaries for our psychology interns.

What type of services do you offer?

Training opportunities are available in Clinical evaluation and diagnosis, Multidisciplinary teamwork, Individual, group, and family therapy, Professional identity development, Substance Abuse / Addictions, Ethical / legal responsibilities, Assessment, Consultation and Workshops. Diagnostic services include Personality / Clinical, Vocational Developmental, Neuropsychological, Cognitive, Forensic. Therapeutic services include Individual therapy, Play therapy, Couples / marital counseling, Art therapy, Family therapy, HIV / AIDS counseling, Group therapy, Cochlear implant counseling, Alcohol / Substance Abuse counseling, Domestic violence counseling

Do you conduct research at the Center?

Once the interactive videodisc implementation of the translated MMPI-2 is accomplished, the need will be to obtain a wide range of data on deaf individuals from this instrument.

What projects or services are you looking forward to developing?

#1 is to obtain APA accreditation as an internship site.
#2 is to obtain funding to enable the interactive videodisc implementation of the Minnesota Multiphasic Personality Inventory-2 which has been translated into American Sign Language.

And lastly, what would you say is your #1 struggle?

The perennial waiting list of clients seeking our therapeutic and/or assessment services!

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San Francisco



ADPTC @ APA

Each year the ADPTC holds a business meeting on Saturday in conjunction with APA. In addition, we've added a full day program with topics relevant to directors. This year's program promises to be exciting and informative. Here's how it's shaping up:

8:30 Breakfast for New Directors

This is a chance for you to meet informally with older (seasoned?) directors to talk about the nuts and bolts of running a clinic.

10:00 Client Satisfaction

Joe Scardapane will present a model to assess client satisfaction.

10:30 Witmer's Psy. Clinic Version 2001: Bridging Science, Practice & the Community

Panel discussion of various topics related to running a psychology training clinic. Chaired by Ray Hawkins.

12:00 Lunch

A time to informally network with Directors from around the country. Lunch provided by ADPTC.

1:00 The Impaired Trainee

Presented by Nancy Elman and Nathalie Gilfoyle (APA attorney)

3:00 Obtaining Grants

Paul Wohlford from SAMSA (a federal funding agency) will talk about grants that might apply to training clinics.

4:00 Workshop Concludes

from Mary Alice Conroy...

WHAT ABOUT WRITING A BOOK?

Unless I'm missing something, the literature on psychology training clinics is very sparse. I think a more extensive, data-based book about training clinics is long overdue. Such a volume would serve two functions. First, as we all know clinic directorships turn over frequently. New directors are looking for guidance, old directors are looking for new ideas, and people facing the daunting task of establishing a new clinic are looking for all the help they can get. Second, we continually hear the refrain "we don't get no respect." Universities generally seem not to understand training clinics, appreciate their function, provide them with resources, or reward faculty for time spent in clinic activities. I think establishing some scholarly literature about clinics could help in this regard.

Possible sections and chapters might be:

- I. Introduction
 1. Historical perspective
 2. Current clinic operations (e.g., some of our more interesting and salient survey data)
 - II. Models of administrative structure
 1. The clinic's place in the university
 2. The role of Clinic Director
 3. The clinic's place in the community (could include a discussion of needs assessment, marketing services, working with other community agencies)
 4. Funding and financing
 - III. Risk management
 1. Issues of legal liability
 2. Ethical concerns and dilemmas
 3. Dealing with the "impaired" student
 - IV. Training issues
 1. Teaching supervisory skills
 2. Working with cultural diversity
 3. Serving the "underserved population"
 4. Difficult/high risk clients (could include emergency services)
 - V. Specialty clinics
 1. Forensic services
 2. Health psychology
 3. Other ???
 - VI. Research
 1. The clinic as an engine for basic research
 2. Program evaluation
- Appendices (These could include anything from the ADPTC guidelines to various sample forms.)

Obviously, others might have great ideas for additional topics and/or to subdivide some of these. I do think there is enough literature in each of these areas to support a scholarly review along with providing new ideas.

I would be willing to put work into such a project and assist with editing tasks. There are a couple of chapters I would love to write. However, for such a project to be viable we might need a senior editor familiar and experienced with book contracts and book editing. Any thoughts?

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psy_mac@shsu.edu

CALL FOR NOMINATIONS

Self-nominations are requested for several officer positions on the Executive Board of the Association of Directors of Psychology Clinics. If you are interested in making yourself available to be elected for one of the positions listed below, please email (as an email message or as a Word document attachment) to

rwh@psyc.tamu.edu

a 150-300 word statement of: (a) your position and length of service in your Clinic, (b) previous experiences in ADPTC or other organizations that support your nomination, (c) the position you are self-nominating for, and (d) why you would like to serve on the Executive Board and tasks you would like to accomplish/issues you would like to promote. These statements must be received by June 29, 2001.

All current ADPTC members will receive a ballot by postal mail that includes the names and statements for each candidate for each position in early July. Our current President, Bob Hatcher, will receive these ballots, tally the votes, and report the election outcomes by email to members by early to mid August. Elected officers will assume their respective positions at the ADPTC annual business meeting on Saturday, August 25, 2001 at the APA Convention in San Francisco.

The persons elected to these positions will join Bob Hatcher (as the Past President) to form the new ADPTC Executive Committee for 2 years. The Executive Committee is jointly responsible for overseeing all ADPTC activities and obligations. The Executive Committee, through consensus, distributes specific responsibilities among its officers on a year-to-year basis. The Executive Committee has the authority to establish standing committees and task force working groups and to appointment chairpersons to these entities. The need for each standing committee and task force working group is reviewed, and continuance voted on, by the Executive Committee at the mid-year meeting. Standing committees may include, but not be limited to, Advisory Board, Educational Programs, Standards and Guidelines, Resources, Publications, and Membership and Elections.

The President presides over Executive Committee meetings, the annual business meeting and the mid-year meeting or authorizes a representative to do so.

The Secretary-Treasurer is responsible for maintaining a system for management of dues collected and owed by members and for documenting the proceedings of Executive Committee and general membership meetings. The President and Secretary-Treasurer are jointly responsible for authorizing ADPTC expenditures and recording income and expenses. The Secretary-Treasurer provides a report of ADPTC finances at the annual business meeting and mid-year meeting or within two weeks of receiving a request from another Executive Committee officer at other times of the year.

Nominated individuals must agree to attend annual conferences and mid-year meetings during their proposed term of office. Please self-nominate for one of the following officer positions:

1. **PRESIDENT**--This position is open because ADPTC did not elect a President-Elect after Brian Lewis resigned as Past President when he accepted a new, non-Clinic Director job. The ADPTC by-laws are being fully implemented this year, but since we do not have a President-Elect who would become President this year, we must elect a President. This person will serve a 2-year term as President, and then a 2-year term as Past President.

2. PRESIDENT-ELECT-- The by-laws call for election of a President- Elect every two years, who will serve as President-Elect for two years, then become President for two years, and then Past President for two more years, for a total six year commitment.

3. SECRETARY/TREASURER--term is 2 years.

4. MEMBER-AT-LARGE POSITION 1--term is 2 years.

5. MEMBER-AT-LARGE POSITION 2--term is 2 years.

The due date for self- nominations is June 29th (Friday). Ballots will be mailed by July 6th and be due July 31st. The results will be announced at our meeting in San Francisco and by the listserv.

Officer election ballots will also contain minor wording changes to the ADPTC by-laws recommended by the Executive Committee. Please refer to the ADPTC website www.adptc.org for a complete description of the current by-laws and the proposed wording changes to be voted upon by ADPTC membership. To access the Members Only section:

User ID: adptc.org

Password: member

REGISTRATION FORM
Annual Pre-APA Convention ADPTC
Workshop

Thursday, August 23, 2001 10:00 - 4:00
San Francisco Marriott
Yerba Buena Salon 15

Name _____

Institution _____

Address _____

Phone _____ FAX _____

email _____

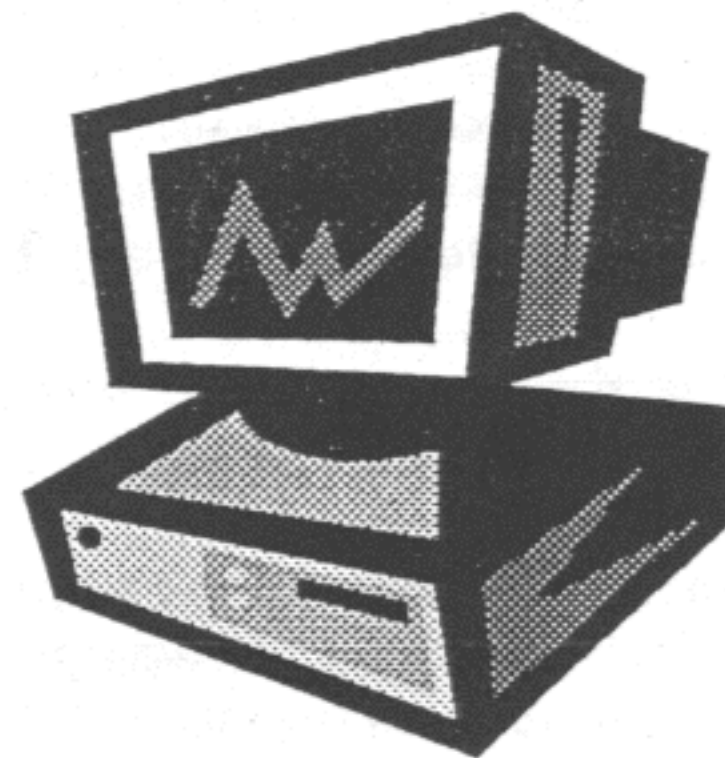
No Registration Fee Required!

Send registration by Friday, July 27 to:
Bob Hatcher, Ph.D., Psychological Clinic,
University of Michigan, 525 East University,
Suite 2463, Ann Arbor, MI 48109-1109.

Or email Bob Hatcher at robhatch@umich.edu.

Register early to help us with planning!

Thank you Mike Rauling
for bringing ADPTC into the
electronic age.



We appreciate your years of
service!

Mike set up and maintained the ADPTC listserv, allowing members to converse and share ideas and resources with one another, thereby strengthening the organization. Thanks too, to Beth Cohen for volunteering to take over from Mike.

MINUTES

for the Mid-Year ADPTC Meeting, Dallas, TX 3/16/01-3/17/01

Attendance: Tony Cellucci (Idaho State), Schelle Cody (Univ. of Oklahoma), Beth Cohen (SUNY-Buffalo), Mat Alice Conroy (Sam Houston State), Lee Cooper (Virginia Tech), Mary Fran Flood (Univ. of Nebraska), John Flora-Tostado (Loma Linda Univ.), Phyllis Terry Friedman (Saint Louis Univ.) Bob Hatcher (Univ. of Michigan), Ray Hawkins (Univ. of Texas at Austin), Rob Heffer (Texas A&M), Victor Pantescio (Antioch New England), Holliday Rondeau (Regent Univ.), Jean Spruill (Univ. of Alabama), Bobbi Vollmer (Univ. of Denver).

Friday

President Bob Hatcher called the business meeting to order. He gave a report on the Committee on Education and Training to Licensure in Psychology initiated by APA President Norine Johnson. A subcommittee on practicum training headed by Emil Rudolfa has been formed and recommended an APA workshop which will address a) standards for practicum, b) collaboration between practicum sites and doctoral programs, and c) developing a consensus on practicum hours. The ADPTC guidelines for training clinics are being considered by this group as one of the few national documents on practicum training. Hopefully, greater consensus as to what constitutes a practicum hour will emerge out of this work. The group discussed how ADPTC might better represent practicum sites other than in house clinics. The consensus was that the organization should keep focused on training clinics but might use its members to gather better information from community practicum sites regarding their evaluation of students, matching experiences to the trainee's abilities, and the views of community psychologists doing the training.

A second issue was a discussion of ADPTC surveys. Several major surveys of the membership have occurred in the past. A short survey was conducted by Nickolas in 1997. Another survey was done by Kowaz and Hanley in 1994, and an extensive survey is available from 1987-1988. Bobbi Volmer did a less formal survey of members at the annual meeting in 1999. There was also the recent CCTC practicum survey. It was decided that such information is of direct benefit to members and provides a basis for answering frequent queries about clinics. The possibility of better using technology was introduced as a major task is collecting and collating the information. A committee was formed headed by Rob Heffer (and including Tony, Victor, and Bobbi) to review past efforts and make recommendations to executive committee as to how to proceed with a new survey effort. Third, needed changes in by-laws were reviewed and the call for nominations discussed. Most of the proposed changes are minor so as to clarify the election process and terms of office (e.g. two years from APA conference). Committee chairs are considered contributing but nonvoting members of ADPTC as executive meetings are generally open. We need to elect both a President and President-Elect this year. Bob Hatcher will become Past-President at APA. A budget should be presented along with the treasury report. A call for nominations will be sent over the listserv and a ballot included in a mailing to all members. Given low response to this call last year, a proposed slate of nominations was discussed and given to Rob Heffer who also is serving as head of nominating committee.

Phyllis Terry Friedman will take over newsletter.

John Flora-Tostado who has been serving as member at large represented ADPTC at CUDCP. He reported on the Training Clinic Practice Research Network being organized by Dr. Tom Borkovec. This group has plans to agree on a measurement outcome system (e.g. OQ, AMS) and share collected research data from clinics. A little over half the DCTs indicating interest are at university clinics belonging to ADPTC. It was agreed that Bob Hatcher will call Dr. Borkovec and ask him to present at our APA meeting about this exciting possibility.

The secretary reported that we currently have 122 clinic members of which 83 have already sent dues this year. A reminder dues notice has just been sent out. The idea of an associate membership category was proposed to include former directors, professional assistant directors in larger clinics, and others who have recognized interests in psychology training clinics. They would be charged a \$15 membership fee for the newsletter and attending meetings, etc. This will also be presented as a by-law change.

Mike Raulin who has been managing our listserv is now part-time faculty at SUNY-Buffalo. The new clinic director there, Beth Cohen, agreed to talk with him about taking over the listserv from him and /or working together to assure members are added promptly. Mike should be recognized at APA for all the work he has done on this over the years.

Lee Cooper presented on the update and new modifications on the planned web page. The demo was exciting and included member and nonmember areas. The group gave various suggestions regarding resource content and links. This site is almost ready to go and should be up by APA. Tony Cellucci needs to send a revised membership list. It was decided to use a general password for the first couple months as members sign up.

Saturday

Meeting began with a review of what had been accomplished yesterday. The group then discussed planning for the APA pre-convention workshop. The program committee consists of Mary Alice Conroy, Phyllis Terry Friedman, Bobbi Vollmer, and Holliday Rondeau. In addition to inviting Dr. Borkovec, the idea of getting a grants speaker from SAMSA was endorsed. The group wanted to preserve time to help new directors and also discuss current issues and problems. Ray Hawkins also presented on a symposium idea and the opportunity to have a special issue in the AABT newsletter on clinics. The value of another mid-year conference (possibly in St Louis) was endorsed to again include business and professional content.

Dr. Linda Forrest then presented on her extensive review in Counseling Psychologist and her current research efforts on the topic of trainee impairment. Issues included definitional problems, prevalence, evaluation criteria, intersection with ADA and the law, what we know of remediation plans and their effectiveness, and future recommendations. The focus was on creating more dialoging on how to balance our developmental training perspective with the role of professional gatekeepers.

Finally, after lunch John Flora-Tostado presented on the topic of supervision. He highlighted Holloway's systems approach and how his clinic uses an intake team model. Discussion centered on the use of trainee plans and supervision contracts. A great resource handout was provided.

Respectively submitted,

Tony Cellucci

and don't forget

APPA IN AUGUST

Annual ADPTC Workshop

Thursday August 23 10-4

Meet other directors and learn about the issues of the day that affect psychological training clinics.

ADPTC Business Meeting

Saturday August 25 12-2

Treat yourself to one of the meetings in the future – you'll be amazed what you'll learn and delighted with the company of fellow clinic directors!

Bob Hatcher

Register now! See registration form inside the newsletter.

ASSOCIATION OF DIRECTORS OF PSYCHOLOGY TRAINING CLINICS

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